



# JFK, WOE, & WOJH Lunch Menu



<p>Corn Dog w/ Chili Sliced Carrots Steamed Broccoli Mustard &amp; Ketchup Sliced Peaches Choice of Fat Free Milk</p>	<p>Chicken Nuggets w/ Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Roll Mixed Fruit Choice of Fat Free Milk</p>	<p>Beef Tacos or Bean Chalupas Lettuce &amp; Tomatoes Pinto Beans Spanish Rice Salsa Diced Pears Choice of Fat Free Milk</p>	<p>Pepperoni Pizza Dark Green Salad w/ ranch Celery w/ ranch Rainbow Applesauce Choice of Fat Free Milk</p>	<p>Cheeseburger French Fries Burger Salad Mayo/Mustard/Ketchup Fresh Fruit Choice of Fat Free Milk</p>	<p>August 22-26 September 19-23 October 17-21 November 14-18 December 19-23 Jan 30-Feb 3 Feb 27-March 3 April 3-7 May 1-5</p>
<p>Chicken Strips w/ Gravy Mashed Potatoes Seasoned Green Beans Whole Wheat Roll Diced Peaches Choice of Fat Free Milk</p>	<p>Chicken Alfredo Mixed Squash Buttered Carrots Whole Wheat Roll Pink Applesauce Choice of Fat Free Milk</p>	<p>Spaghetti w/ Meat Sauce Dark Green Salad w/ ranch &amp; Garlic Roll Buttered Corn Bean of the week Fruit Cobbler Choice of Fat Free Milk</p>	<p>Ham &amp; Cheese or Grilled Cheese Sandwich Mayo &amp; Mustard Cucumbers &amp; Baby Carrots w/ ranch Fresh Fruit Choice of Fat Free Milk</p>	<p>Chicken or Fish Burger Sweet Potato Fries Burger Salad Mayo/Mustard/Ketchup Fresh Fruit Choice of Fat Free Milk</p>	<p>Aug 29-Sept 2 Sept 26-30 October 24-28 Nov 28-Dec 2 January 9-13 February 6-10 March 6-10 April 10-14 May 8-12</p>
<p>Hot Dog w/ Chili Buttered Corn Celery Sticks w/ ranch Mustard &amp; Ketchup Diced Pears Choice of Fat Free Milk</p>	<p>Ham Macaroni &amp; Cheese Sliced Carrots Seasoned Green Beans Whole Wheat Roll Mixed Fruit Choice of Fat Free Milk</p>	<p>Chicken Taco or Bean Chalupas Lettuce &amp; Tomato Pinto Beans Spanish Rice Sliced Peaches Choice of Fat Free Milk</p>	<p>Pepperoni Pizza Dark Green Salad w/ ranch Carrot Sticks w/ ranch Rainbow Applesauce Choice of Fat Free Milk</p>	<p>Cheeseburger French Fries Burger Salad Mayo/Mustard/Ketchup Fresh Fruit Choice of Fat Free Milk</p>	<p>September 5-9 October 3-7 Oct 31-Nov 4 December 5-9 January 16-20 February 13-17 March 20-24 April 17-21 May 15-19</p>
<p>Salisbury Steak w/ Gravy Mashed Potatoes Seasoned Green Beans Whole Wheat Roll Green Applesauce Choice of Fat Free Milk</p>	<p>Turkey &amp; Cheese Sandwich Mayo &amp; Mustard Cucumbers &amp; Baby Carrots w/ ranch Fresh Fruit Choice of Fat Free Milk</p>	<p>Spaghetti &amp; Meatballs Buttered Corn Bean of the week Fruit Cobbler Choice of Fat Free Milk</p>	<p><b>Manager's Special</b></p>	<p>Sloppy Joe Potato Salad Baked Beans Fresh Fruit Choice of Fat Free Milk</p>	<p>September 12-16 October 10-14 November 7-11 December 12-16 January 23-27 February 20-24 March 27-31 April 24-28 May 22-26</p>

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**\*Menus are subject to change**