



WEST OSO INDEPENDENT SCHOOL DISTRICT

5350 BEAR LANE
CORPUS CHRISTI, TEXAS 78405

Notice of Regular Meeting and Agenda

West Oso ISD School Health Advisory Council Committee

Meeting Date, Time, and Location

A Regular Meeting of the West Oso ISD School Health Advisory Council Committee will be held on **Monday, February 12, 2024** at the West Oso ISD Administration Building Board Room, 5350 Bear Lane, Corpus Christi, Texas 78405 beginning at 4:30 pm.

An electronic copy of the agenda may be viewed at www.westosoid.net under the West Oso ISD Student Health tab. Minutes of the meeting will be available for viewing on the District's website. A copy of this notice will also be displayed at each West Oso ISD campus.

The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice. This public notice is provided pursuant to the Texas Open Meetings Act, Government Code, Chapter 551.

AGENDA

1. Call to Order and Verification that a Quorum is Present – Ms. RJ Alvarado, WOISD SHAC Committee Co-Chair and Ms. Michelle Avalos, SHAC Committee Co-Chair
2. Pledge of Allegiance – Ms. RJ Alvarado, WOISD SHAC Co-Chair & Ms. Michelle Avalos, SHAC Committee Co-Chair
3. Audience – Ms. RJ Alvarado, WOISD SHAC Co-Chair
4. Welcome/Introductions of SHAC Committee Co-Chairs
 - a. Ms. RJ Alvarado, SHAC Committee Co-Chair
 - b. Ms. Michelle Avalos, SHAC Committee Co-Chair
5. Subcommittee Updates/Discussion Issues
Descriptions of subcommittees and signing up for subcommittee work- Mrs. RJ Alvarado, WOISD SHAC Co-Chair
 - a. *Mental Health*
 - b. *Physical Fitness*
 - c. *Needs Assessment*
 - d. *Wellness Program/Drug Prevention*
 - e. *Safety and Security*
6. Presentation: Follow Up on Vaping - Ms. Belinda Gamez, Director of Human Resources and DAEP
7. Discussion: Zyn- New Tobacco Product- Mrs. RJ Alvarado, WOISD SHAC Co-Chair
8. Vote: SHAC Bylaws- Mrs. RJ Alvarado, WOISD SHAC Co-Chair
9. Bear Time Prompts as Related to School Health- Mrs. RJ Alvarado, WOISD SHAC Co-Chair
10. Health Education for all Texas Students-Resources for School Districts
11. SHAC Committee Future Meeting Date Monday, May 6, 2024
12. Adjournment

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On Monday, February 12, 2024, the West Oso ISD SHAC Committee met at 4:30PM at the WOISD Central Office Boardroom. RJ Alvarado (WOISD Executive Director) called the meeting to order. A follow up discussion was held in regard to the problem of vaping by students in the district. Belinda Gamez, HR and DAEP Director gave a briefing on having a substance abuse counselor work with the DAEP students on the vaping issues. She reported that a number of students are seeking help for this problem and that this program seemed to be a positive help to them. RJ Alvarado introduced information on the new product called ZYN, which is a tobacco product that is new to the market.

Sub committees were discussed. SHAC Bylaws were verified. RJ Alvarado explained Bear Time prompts and their relationship to socio emotional learning. Topics for the next meeting scheduled for Monday, May 6, 2024 were discussed. The meeting was adjourned at 5:30PM