


# May 2025 | West Oso ISD – Dinner Menu



## Announcements:

BREAKFAST, LUNCH, AND DINNER ARE AVAILABLE AT NO CHARGE FOR ALL STUDENTS.

 FRESH SEASONAL PRODUCE: SOURCED FROM LOCAL TEXAN FARMERS, AVAILABILITY BY SEASON.

DAILY MILK CHOICES:  
CHILDREN AGES 6 AND OLDER:  
1% LOW FAT MILK  
FAT -FREE  
CHOCOLATE MILK  
SKIM MILK  
CHILDREN AGES 4-5:  
SKIM MILK  
1% LOW FAT MILK

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Blueberries</b> Season in Texas: May - July Did you know? One blueberry bush can grow up to 6,000 berries every year						1		2	
5	<b>Chicken Strips</b> <b>French Fries</b> <b>Fresh Grapes</b> <b>Choice of Milk</b>	6	<b>Chicken Nuggets</b> <b>French Fries</b> <b>Strawberry Applesauce Cup</b> <b>Choice of Milk</b>	7	<b>Cheese Burger</b> <b>Burger Salad</b> <b>Diced Pears</b> <b>Choice of Milk</b>	8	<b>Pizza Stix</b> w/marinara sauce <b>Dark Green Salad</b> <b>Watermelon</b> <b>Craisins</b> <b>Choice of Milk</b>	9	<b>Turkey &amp; Cheese Sub</b> <b>Baby Carrots</b> <b>Fresh Seasonal Fruit</b> <b>Choice of Milk</b>
12	<b>Burritos w/ Chili</b> <b>Mixed Vegetables</b> <b>Zee Zees- Watermelon</b> <b>Applesauce Cup</b> <b>Choice of Milk</b>	13	<b>Chicken Burger</b> <b>Cherry Tomatoes</b> <b>Diced Peaches</b> <b>Choice of Milk</b>	14	<b>Chili Crisпитos</b> <b>Baked Beans</b> <b>Mixed Fruit</b> <b>Choice of Milk</b>	15	<b>Breaded Chicken</b> <b>Drumstick w/ Roll</b> <b>Mashed Potatoes</b> <b>Fresh Fruit</b> <b>Choice of Milk</b>	16	<b>Chicken Strips</b> <b>French Fries</b> <b>Fresh Grapes</b> <b>Choice of Milk</b>
19	<b>Chicken Burger</b> <b>Cherry Tomatoes</b> <b>Diced Peaches</b> <b>Choice of Milk</b>	20	<b>Breaded Beef</b> <b>Fingers w/ Gravy</b> <b>Steamed Green Beans</b> <b>Orange Slices</b> <b>Choice of Milk</b>	21	<b>Chicken Sticks</b> <b>w/ Waffle Fries</b> <b>Fruit Mix</b> <b>Choice of Milk</b>	22	<b>Mini Corndogs</b> <b>Cucumber Slices w/ Tajin</b> <b>Diced Pears</b> <b>Choice of Milk</b>	23	<b>Ham &amp; Cheese Sub</b> <b>Baby Carrots &amp; ranch</b> <b>Fresh Seasonal Fruit</b> <b>Choice of Milk</b>
26	<b>Memorial Day</b>	27	<b>Chicken Burger</b> <b>Waffle Fries</b> <b>Warm Apple Slices w/ Cinnamon</b> <b>Choice of Milk</b>	28	<b>Chili w/ Corn Chips and Cheese</b> <b>Celery Sticks w/ Ranch</b> <b>Apple Crisps</b> <b>Choice of Milk</b>	29	<b>Twisted WG</b> <b>Mozzerella Stuffed</b> <b>Breadstick w/ Marinara Sauce</b> <b>Baked Beans</b> <b>Applesauce Cup</b> <b>Choice of Milk</b>	30	



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

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National School Lunch Program