



WEST OSO INDEPENDENT SCHOOL DISTRICT

5350 BEAR LANE
CORPUS CHRISTI, TEXAS 78405

Notice of Regular Meeting and Agenda

West Oso ISD School Health Advisory Council Committee

Meeting Date, Time, and Location

A Regular Meeting of the West Oso ISD School Health Advisory Council Committee will be held on **Tuesday, October 7, 2025** at the West Oso ISD Administration Building Board Room, 5350 Bear Lane, Corpus Christi, Texas 78405 beginning at 4:30 pm.

An electronic copy of the agenda may be viewed at www.westosoid.net under the West Oso ISD Student Health tab. Minutes of the meeting will be available for viewing on the District's website. A copy of this notice will also be displayed at each West Oso ISD campus.

The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice. This public notice is provided pursuant to the Texas Open Meetings Act, Government Code, Chapter 551.

AGENDA

1. Call to Order and Verification that a Quorum is Present – Ms. RJ Alvarado, WOISD SHAC Committee Co-Chair and Ms. Michelle Avalos, SHAC Committee Co-Chair
2. Audience – Ms. RJ Alvarado, WOISD SHAC Co-Chair
3. Welcome/Introductions of SHAC Committee Co-Chairs
 - a. Ms. RJ Alvarado, SHAC Committee Co-Chair
 - b. Ms. Michelle Avalos, SHAC Committee Co-Chair
4. Presentation: What is the Purpose of the SHAC and What Do We Do? Updates from the 89th Texas Legislature- Mrs. RJ Alvarado, WOISD SHAC Co-Chair
5. Presentation: School Safety and Student Discipline Updates from the 89th Texas Legislature Mrs. RJ Alvarado, WOISD SHAC Co-Chair
6. Presentation: Medical and Mental Health Services Update from the 89th Legislature- Mrs. RJ Alvarado, WOISD SHAC Co-Chair
7. Texas School Health Advisory Committee Information- Mrs. RJ Alvarado, WOISD SHAC Co-Chair

Minutes

The first School Health Advisory Meeting (SHAC) was held on Tuesday, October 7, 2025 at 4:30PM in the West Oso ISD Central Office Board Room. Mrs. RJ Alvarado, Executive Director of Safety, Security and Student Services, called the meeting to order at 4:30PM. Discussions included:

1. What is the purpose of the SHAC?
2. Updates from the Texas 89th Legislature
3. Cell phone policy and the results of the policy in West Oso ISD
4. Changes to discipline in Texas schools.
5. Work done by the Texas School Health Advisory Committee which includes more recess in elementary schools, updates on food allergies and policies/protocols in schools and the new evaluation system for SHAC committees in the state of Texas.
6. A discussion was held by the committee on having traumatized learners in classrooms.

Mrs. Alvarado adjourned the meeting at 5:25PM.